

SPEEDOMEETING 2026: Session: 5: COACH evaluation sheet for TEAM: AZV

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claassen Benny HEADCOACH

Coaches: Verachtert Elke

Coaches: Torfs Agnes

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 100M FREESTYLE WOMEN 10-9				Heat:3, starttime: 14:05
Heat: 3/3 Lane : 8 Athlete: VAN VORST MARIE				Q-time: 01:37:31
PB (50m pool): 01:49.63 MoI 22/06/2025				PB (25m pool): 01:35.56 SB: no time
PB	5 0 M	1 0 0 M		
	00:53.31	01:49.63		
	00:53.31	00:56.32		
				

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:4, starttime: 14:30
Heat: 4/19 Lane : 9 Athlete: VERSTRAETEN DJURRE					Q-time: 03:27:66
PB (50m pool): no time					PB (25m pool): 03:15.67 SB: no time
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:6, starttime: 14:35
Heat: 6/19 Lane : 5 Athlete: WILLEMS IWAN					Q-time: 02:57:72
PB (50m pool): no time					PB (25m pool): 02:51.46 SB: no time
PB	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 24: 200M MEDLEY MEN 11+					Heat:13, starttime: 15:00
Heat: 13/19 Lane : 7 Athlete: WILLEMS RUBEN					Q-time: 02:35:19
PB (50m pool): 02:38.35 Olympic Pool Wezenberg, Antwer 29/03/25 PB (25m pool): 02:35.19 SB: 02:38.35 Olympic Pool Wezenberg, Antwer 29/03/25					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.47	01:13.54	02:03.86	02:38.35	
	00:33.47	00:40.07	00:50.32	00:34.49	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:14, starttime: 15:05
Heat: 14/19 Lane : 8 Athlete: LEMMENS NOAH					Q-time: 02:33:71
PB (50m pool): 02:39.62 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:33.71 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.75	01:20.44	02:04.72	02:39.62	
	00:35.75	00:44.69	00:44.28	00:34.90	
					

Coach feedback:

Event number: 24: 200M MEDLEY MEN 11+					Heat:18, starttime: 15:15
Heat: 18/19 Lane : 2 Athlete: KEISERS TIBO					Q-time: 02:22:77
PB (50m pool): 02:25.66 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:22.77 SB: 02:27.66 Olympic Pool Wezenberg, Antwer 29/03/25					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.95	01:07.04	01:52.35	02:25.66	
	00:29.95	00:37.09	00:45.31	00:33.31	
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 10-9					Heat:3, starttime: 15:45
Heat: 3/3 Lane : 3 Athlete: VAN VORST MARIE					Q-time: 01:58:73
PB (50m pool): 02:00.60 Mol 22/06/2025 PB (25m pool): 01:56.88 SB: no time					
	5 0 M	1 0 0 M			
PB	00:58.30	02:00.60			
	00:58.30	01:02.30			
					

Coach feedback:

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Event number: 26: 400M FREESTYLE WOMEN 11+							Heat:8, starttime: 16:30	
Heat: 8/10 Lane : 6 Athlete: LAMBRECHTS LOES							Q-time: 04:56:44	
PB (50m pool): 05:02.99 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 04:56.44 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.31	01:12.44	01:51.08	02:29.89	03:08.85	03:47.77	04:26.33	05:02.99
	00:34.31	00:38.13	00:38.64	00:38.81	00:38.96	00:38.92	00:38.56	00:36.66
								

Coach feedback: